

## **Esthetic Services**

### **Infrared/ LED light Therapy \$25**

Unlike ultraviolet light - which has damaging effects upon the tissues and cells of the body - infrared light helps cells regenerate or repair themselves. Infrared light also improves the circulation of oxygen-rich blood in the body, promoting faster healing of deep tissues and relieving pain.

All of our facials incorporate Infrared/LED light therapy (Double cleanse, facials serums, 20 min of infrared/LED light, and sunscreen afterwards).

#### **Benefits of Infrared/LED light therapy include:**

- Red, anti-aging, combats fine lines and wrinkles, promotes collagen production
  - Blue, anti-acne, kills bacteria on and under the skin
- Yellow, reduces redness and hyperpigmentation, soothing skin ailments

### **TEEN FACIAL: \$30**

Treatment length 30 min

A basic facial tailored to the specific needs for your teen. Includes cleansing, mask, serums and LED light therapy. Helps to set good skincare habits and promote healthy skin, while decreasing acne, acne scarring, and uneven skin tone.

### **Express Facial: \$40**

Treatment length 30 min

The perfect facial for a quick pick me up, mentally and physically. Cleanse, facial massage, face mask or enzyme, LED/Infrared light therapy with tailored serums.

### **Basic Spa Facial: \$70**

Treatment length 45 min

A spa facial consists of a facial tailored to your skin type: cleanse, tone, face/neck/shoulders/scalp massage, mask, hyaluronic acid serum, LED light therapy, and moisturizer/SPF application. Add Hydrojelly mask for \$10.

### **Dermaplane Facial: \$70**

Treatment length 45 min

Dermaplaning is a procedure that mechanically exfoliates the skin with a scalpel, ridding it of dirt, dead skin and vellus hair, better known as "peach fuzz", face mask, & LED light therapy. Substitute an enzyme peel or Hydrojelly mask (\$10) for the face mask.

### **Microdermabrasion Facial: \$70**

Treatment length 45 min

Microdermabrasion is a mechanical exfoliation procedure that uses tiny crystals to exfoliate and suction to remove skin cells. Microdermabrasion can help improve skin appearance by reducing fine lines, early sun damage, and mild, shallow acne marks. Consists of cleansing, microdermabrasion, face mask, and LED light therapy. Substitute an enzyme peel or Hydrojelly mask (\$10) for the face mask.

**Corrective Spa facial: \$90**

Treatment length 45 min

Consists of a facial tailored to your skin type: cleanse, dermaplane or microdermabrasion (you choose), facial, neck/shoulder/scalp massage, mask, hyaluronic acid serum, LED light therapy, moisturizer, and SPF. Add Hydrojelly or enzyme mask for \$10.

**Dermaplane + Microdermabrasion: \$100**

Treatment length 60 min

Dermaplane facial + Microdermabrasion, pair together for a deeper exfoliation to maximize product absorption and efficiency.

**Holistic Spa Facial \$100**

Treatment length 60 min

Spa Facial including facial massage, Gua Sha lymphatic drainage, facial reflexology and/or facial cupping. Includes a cleanse, toner, mask, serums, and LED light therapy.

**Nano-needling, microchanneling nano: \$100**

Treatment length 45 min

The nano needling option is a great option for those with a low pain tolerance or sensitive skin. Nano-needling stimulates collagen production in the skin by safely infusing active ingredients from serums (I use hyaluronic acid) through tiny nano-channels. This is very similar, but less invasive than micro-needling. This treatment combats fine lines, acne, hyperpigmentation, and other skin blemishes through the transdermal delivery system for increased effectiveness of serums. Unlike microneedling, nano-needling does not require any numbing cream and will painlessly smooth the skins texture to leave your skin glowing by triggering your body's self-rejuvenation process. Nano-needling addresses skin concerns similar to micro-needling such as fine lines, hyperpigmentation and elasticity. There is no downtime with nanoneedling and you won't experience any redness or swelling. Nano can be done prior to a face mask, enzyme peel, or chemical peel to set the stage.